

DANCERS' INSTRUCTIONS

- 1 Learn all the basic steps and movements as they appear and are taught. Pay particular attention to the Allemande Left followed by the Right and Left Grand, since this movement is very important.
- 2 Try to get a complete set of four couples together and try out the movements in detail from time to time.
- 3 Use a light step while Square Dancing. Do not hop, skip or jump.
- 4 The positions of the hands and the method of holding your partner is left to the individual dancer. Adopt the method which is most natural to you.
- 5 Always remember your original position in the set, which direction is left and which is right, who is your partner and who is your corner.
- 6 Always listen to the caller, learn to concentrate on the direct calls and to ignore the 'fill-in patter'.
- 7 The movements and dances given in this book should merely be considered as preparatory ones. Nevertheless, if you are able to do them all, then you should have no difficulty whatever in confidently following a good caller at any Square Dance.